## **COVID 19 PRECAUTIONS**

## **CHECKLIST FOR PARENTS/ CAREGIVERS AND COMMUNITY MEMBERS**

* ☐ Monitor your child’s health and keep them home from school if they are ill
* ☐ Ensure they are equipped with mask, tissues, hand soap and sanitizers to be used especially during their commute
* ☐ Reinforce the importance of social distancing to children especially during their commute
* ☐ Teach and model good hygiene practices for your children:
* Wash your hands with soap and safe water frequently. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
* Always wash hands with soap and water, if hands are visibly dirty
* Ensure that safe drinking water is available and toilets or latrines are clean and available at home
* Ensure waste is safely collected, stored and disposed of
* Cough and sneeze into a tissue or your elbow and avoid touching your face, eyes, mouth and nose
* ☐ Encourage your children to ask questions when unsure
* ☐ Monitor their reactions to stress, be patient and understanding
* ☐ Coordinate with the school to receive information and ask how you can support school safety efforts (though parent-teacher committees, etc.)
* ☐ Provide school with contact information
* ☐ Respond in a timely manner when contacted by your child’s school
* ☐ Make arrangements for supervision of children to facilitate rotation/ shift
* ☐ Ensure that children attend online sessions as scheduled
* ☐ Attend all parent sessions organized by the school